



MIAC Indoor Performance List

60 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Lewis, Jada	SO-2	Augsburg	7.72	Parent's Day Open	Feb 16, 2019
2	Robinson, Jailyn	FR-1	Hamline	7.81	Carleton Triangular	Jan 18, 2019
3	Berninghaus, Briana	JR-3	Hamline	7.84	MIAC Championships	Feb 21, 2019
4	Brown, Gabrielle	SR-4	Hamline	7.93	MIAC Championships	Feb 21, 2019
5	McFerson, Matilda	JR-3	St. Thomas (Minn.)	7.96	MIAC Championships	Feb 21, 2019
6	Stowell, McKayla	SR-4	Gustavus Adolphus	8.01	St. Olaf Quad	Jan 25, 2019
6	Marciniak, Katelyn	SR-4	St. Thomas (Minn.)	8.01	Wartburg Qualifier	Mar 1, 2019
8	Chell, Claire	FR-1	St. Thomas (Minn.)	8.04	Parent's Day Open	Feb 16, 2019
9	McLoone, Delaney	SO-2	St. Thomas (Minn.)	8.07	Wartburg Qualifier	Mar 1, 2019
10	Smith, Anna	JR-3	St. Thomas (Minn.)	8.09	MIAC Championships	Feb 21, 2019
11	Brown, Madison	SO-2	St. Benedict	8.10	MIAC Championships	Feb 21, 2019
12	Scott, Grace	FR-1	Bethel (Minn.)	8.11	St. Olaf Quad	Jan 25, 2019
12	Klausler, Sydney	FR-1	Saint Mary's (Minn.)	8.11	Warren Bowlus	Jan 25, 2019
14	Olson, Liliana	FR-1	Hamline	8.24	MIAC Championships	Feb 21, 2019
14	Banks, Zahra	JR-3	Concordia-Moorhead	8.24	North Dakota Indoor Tune-Up	Feb 16, 2019
16	Schepper, Reilee	FR-1	St. Catherine	8.28	St. Olaf Women's Invitational	Feb 15, 2019
17	Zdechlik, Grace	FR-1	St. Benedict	8.30	MIAC Championships	Feb 21, 2019
18	Van Goethem, Abigail	JR-3	Hamline	8.34	Mark Schuck Open and Multi	Jan 25, 2019
19	Olson-Rodel, Kelby	SO-2	Bethel (Minn.)	8.35	MIAC Championships	Feb 21, 2019
21	Schurrer, Alica	FR-1	Saint Mary's (Minn.)	8.39	Warren Bowlus	Jan 25, 2019
21	Cordova, Ineke	FR-1	Carleton	8.39	Carleton Triangular	Jan 18, 2019
23	Gray, Adonya	JR-3	Gustavus Adolphus	8.40	Vanessa Seljeskog Classic	Jan 18, 2019
23	Smith, Chelsea	SO-2	St. Benedict	8.40	CSB-SJU Indoor Invite	Feb 9, 2019
25	Johnson, Brittney	FR-1	Gustavus Adolphus	8.44	Maverick Invite	Feb 15, 2019
26	Santl, Lauren	SR-4	Concordia-Moorhead	8.45	North Dakota Indoor Tune-Up	Feb 16, 2019
27	Kretlow, Steph	JR-3	St. Thomas (Minn.)	8.48	St. Thomas Opener	Jan 11, 2019
28	Paul, Sally	SO-2	Bethel (Minn.)	8.49	St. Olaf Quad	Jan 25, 2019
29	English, Keyra	FR-1	Carleton	8.50	Carleton Triangular	Jan 18, 2019
30	Elstad, Katie	SO-2	St. Olaf	8.51	St. Thomas Opener	Jan 11, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
31	Thomley, Emma	JR-3	Carleton	8.53	Carleton Meet of the Hearts	Feb 9, 2019
32	Knighton-Johnson, Kayli	FR-1	Bethel (Minn.)	8.56	Vanessa Seljeskog Classic	Jan 18, 2019
33	Schlieman, Lily	JR-3	Macalester	8.57	Hamster Invitational	Feb 1, 2019
34	Mellin, Samantha	JR-3	St. Thomas (Minn.)	8.59	Parent's Day Open	Feb 16, 2019
35	Mensah, Portia	SR-4	Saint Mary's (Minn.)	8.61	Stout Open	Jan 19, 2019
36	Giles, DeAnna	SO-2	Gustavus Adolphus	8.63	Ted Nelson Classic	Feb 2, 2019
37	Kammer, Laura	JR-3	St. Olaf	8.64	St. Olaf Quad	Jan 25, 2019
37	Ende, Kayla	FR-1	Bethel (Minn.)	8.64	Bethel Gene Glader Classic	Feb 2, 2019
39	Bode, Claire	FR-1	Bethel (Minn.)	8.68	Bethel Gene Glader Classic	Feb 2, 2019
40	Gregory, Karissa	SO-2	St. Thomas (Minn.)	8.69	Ted Nelson Classic	Feb 2, 2019

200 Meters

	Athlete	Year	Team	Time	Meet	Meet Date	Wind
1	Berninghaus, Briana	JR-3	Hamline	25.51	MIAC Championships	Feb 21, 2019	+0.0
2	McFerson, Matilda	JR-3	St. Thomas (Minn.)	25.64	UW-Platteville Final Qualifying Meet	Mar 1, 2019	+0.0
3	Marciniak, Katelyn	SR-4	St. Thomas (Minn.)	25.88	Wartburg Qualifier	Mar 1, 2019	+0.0
4	Chell, Claire	FR-1	St. Thomas (Minn.)	25.99	Parent's Day Open	Feb 16, 2019	+0.0
5	Labatt, Delia	JR-3	Bethel (Minn.)	26.03	MIAC Championships	Feb 21, 2019	+0.0
6	Robinson, Jailyn	FR-1	Hamline	26.12	Carleton Triangular	Jan 18, 2019	+0.0
7	Lewis, Jada	SO-2	Augsburg	26.36	MIAC Championships	Feb 21, 2019	+0.0
8	Sankey, Hannah	SO-2	Bethel (Minn.)	26.43	Bethel Gene Glader Classic	Feb 2, 2019	+0.0
9	Johnson, AddieKay	SR-4	Bethel (Minn.)	26.48	Bethel Gene Glader Classic	Feb 2, 2019	+0.0
10	Klausler, Sydney	FR-1	Saint Mary's (Minn.)	26.55	MIAC Championships	Feb 21, 2019	+0.0
11	Adamson, Mallory	SR-4	St. Thomas (Minn.)	26.81	Parent's Day Open	Feb 16, 2019	+0.0
12	Smith, Anna	JR-3	St. Thomas (Minn.)	26.83	Parent's Day Open	Feb 16, 2019	+0.0
13	McLoone, Delaney	SO-2	St. Thomas (Minn.)	26.87	Wartburg Qualifier	Mar 1, 2019	+0.0
14	Schlieman, Lily	JR-3	Macalester	26.90	MIAC Championships	Feb 21, 2019	+0.0
15	Anderson, Lily	JR-3	Gustavus Adolphus	27.06	St. Thomas Opener	Jan 11, 2019	+0.0
16	Perrenoud, Grace	FR-1	Bethel (Minn.)	27.19	2019 Darren Young Indoor Invitational	Feb 9, 2019	+0.0
17	Elstad, Katie	SO-2	St. Olaf	27.31	St. Olaf Quad	Jan 25, 2019	+0.0
18	Brown, Gabrielle	SR-4	Hamline	27.34	Minnesota Open	Jan 12, 2019	+0.0
19	Schurrer, Alica	FR-1	Saint Mary's (Minn.)	27.37	Parent's Day Open	Feb 16, 2019	+0.0
19	Brown, Madison	SO-2	St. Benedict	27.37	MIAC Championships	Feb 21, 2019	+0.0
21	Banks, Zahra	JR-3	Concordia-Moorhead	27.38	MIAC Championships	Feb 21, 2019	+0.0
22	Stowell, McKayla	SR-4	Gustavus Adolphus	27.40	Maverick Invite	Feb 15, 2019	+0.0

	Athlete	Year	Team	Time	Meet	Meet Date	Wind
23	Gregory, Karissa	SO-2	St. Thomas (Minn.)	27.60	MIAC Championships	Feb 21, 2019	+0.0
24	Scott, Grace	FR-1	Bethel (Minn.)	27.80	Vanessa Seljeskog Classic	Jan 18, 2019	+0.0
25	Olson, Liliana	FR-1	Hamline	27.85	Parent's Day Open	Feb 16, 2019	+0.0
26	Jansen, Ann	FR-1	St. Olaf	27.88	Chuck Petersen Open & Multi	Dec 8, 2018	+0.0
27	Thomley, Emma	JR-3	Carleton	27.92	Parent's Day Open	Feb 16, 2019	+0.0
28	Klingelhutz, Kelly	SO-2	St. Benedict	27.96	CSB-SJU Alumni	Jan 26, 2019	+0.0
29	Cater, Paige	SO-2	St. Thomas (Minn.)	27.99	St. Thomas Showcase	Feb 8, 2019	+0.0
30	Grimes, Megan	SR-4	St. Olaf	28.00	Carleton Meet of the Hearts	Feb 9, 2019	+0.0
31	Conradi, Lauren	FR-1	Bethel (Minn.)	28.07	Bethel Gene Glader Classic	Feb 2, 2019	+0.0
32	Finnes, Taylor	FR-1	Bethel (Minn.)	28.13	Vanessa Seljeskog Classic	Jan 18, 2019	+0.0
32	Schoustra, Mackenzie	JR-3	St. Olaf	28.13	Chuck Petersen Open & Multi	Dec 8, 2018	+0.0
34	Spehar, Suntina	JR-3	St. Benedict	28.15	CSB-SJU Alumni	Jan 26, 2019	+0.0
35	Santl, Lauren	SR-4	Concordia-Moorhead	28.21C	North Dakota Indoor Tune-Up	Feb 16, 2019	+0.0
36	Teichroew, Erin	SO-2	Gustavus Adolphus	28.22	Maverick Invite	Feb 15, 2019	+0.0
37	Olinger, Tess	JR-3	Gustavus Adolphus	28.24	Ted Nelson Classic	Feb 2, 2019	+0.0
38	DeKnikker, Karley	SO-2	Gustavus Adolphus	28.25	Maverick Invite	Feb 15, 2019	+0.0
39	Schepper, Reilee	FR-1	St. Catherine	28.26	Bethel Gene Glader Classic	Feb 2, 2019	+0.0
40	Mellin, Samantha	JR-3	St. Thomas (Minn.)	28.32	Parent's Day Open	Feb 16, 2019	+0.0

400 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Glaaser, Johanna	JR-3	St. Olaf	57.94	Wartburg Qualifier	Mar 1, 2019
2	Labatt, Delia	JR-3	Bethel (Minn.)	58.05	MIAC Championships	Feb 21, 2019
3	Sankey, Hannah	SO-2	Bethel (Minn.)	58.41	MIAC Championships	Feb 21, 2019
4	McFerson, Matilda	JR-3	St. Thomas (Minn.)	59.20	MIAC Championships	Feb 21, 2019
5	Johnson, AddieKay	SR-4	Bethel (Minn.)	59.23	MIAC Championships	Feb 21, 2019
6	Adamson, Mallory	SR-4	St. Thomas (Minn.)	59.50	Parent's Day Open	Feb 16, 2019
7	Schlieman, Lily	JR-3	Macalester	1:00.80	MIAC Championships	Feb 21, 2019
8	Klingelhutz, Kelly	SO-2	St. Benedict	1:00.90	MIAC Championships	Feb 21, 2019
9	Anderson, Lily	JR-3	Gustavus Adolphus	1:01.10	St. Thomas Opener	Jan 11, 2019
9	Berninghaus, Briana	JR-3	Hamline	1:01.10	Hamster Invitational	Feb 1, 2019
11	Smith, Anna	JR-3	St. Thomas (Minn.)	1:01.17	Parent's Day Open	Feb 16, 2019
12	Cater, Paige	SO-2	St. Thomas (Minn.)	1:01.43	MIAC Championships	Feb 21, 2019
13	McGuire, Grace	FR-1	St. Thomas (Minn.)	1:02.14	Ted Nelson Classic	Feb 2, 2019
14	Gregory, Karissa	SO-2	St. Thomas (Minn.)	1:02.25	St. Olaf Quad	Jan 25, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
15	Elstad, Katie	SO-2	St. Olaf	1:02.35	St. Olaf Quad	Jan 25, 2019
16	Fornshell, Carly	JR-3	Concordia-Moorhead	1:02.88	Bison Open	Feb 1, 2019
17	Finnes, Taylor	FR-1	Bethel (Minn.)	1:03.28	MIAC Championships	Feb 21, 2019
18	Fredrickson, Isabel	SO-2	Concordia-Moorhead	1:03.47C	North Dakota Indoor Tune-Up	Feb 16, 2019
19	Jansen, Ann	FR-1	St. Olaf	1:03.50	St. Olaf Quad	Jan 25, 2019
20	Peebles, Annalise	JR-3	Carleton	1:03.60	Carleton Meet of the Hearts	Feb 9, 2019
21	Hill, Megan	JR-3	Gustavus Adolphus	1:03.72	MIAC Championships	Feb 21, 2019
21	Mitch, Laura	FR-1	St. Benedict	1:03.72	St. Olaf Women's Invitational	Feb 15, 2019
23	Rohlf, Christine	SR-4	St. Thomas (Minn.)	1:04.15	St. Thomas Showcase	Feb 8, 2019
24	O'Connor, Quinn	SO-2	St. Thomas (Minn.)	1:04.19	St. Olaf Quad	Jan 25, 2019
25	Kuhn, Cathryn	FR-1	St. Benedict	1:04.30	Hamster Invitational	Feb 1, 2019
26	Conradi, Lauren	FR-1	Bethel (Minn.)	1:04.40	2019 Darren Young Indoor Invitational	Feb 9, 2019
27	Wegner, Sara	JR-3	Bethel (Minn.)	1:04.58	Vanessa Seljeskog Classic	Jan 18, 2019
28	DeKnikker, Karley	SO-2	Gustavus Adolphus	1:04.95	MIAC Championships	Feb 21, 2019
29	Manz, Samantha	SR-4	Macalester	1:05.04	Hamster Invitational	Feb 1, 2019
30	Steiger, Lindsay	JR-3	Hamline	1:05.26	Carleton Meet of the Hearts	Feb 9, 2019
31	Hoppe, Brooke	SO-2	Macalester	1:05.40	CSB-SJU Alumni	Jan 26, 2019
32	Arett, Ashlyn	FR-1	St. Thomas (Minn.)	1:05.60	St. Thomas Opener	Jan 11, 2019
33	Cordova, Ineke	FR-1	Carleton	1:05.75	Mark Schuck Open and Multi	Jan 25, 2019
34	Smedsrud, Kynzie	SR-4	Saint Mary's (Minn.)	1:06.05	Warren Bowlus	Jan 25, 2019
35	Crowe, Hannah	SO-2	Saint Mary's (Minn.)	1:06.08	Yellowjacket Open	Feb 9, 2019
36	Balzer, Mara	JR-3	Bethel (Minn.)	1:06.57	Parent's Day Open	Feb 16, 2019
37	Airoldi, Eva	FR-1	Carleton	1:06.90	Parent's Day Open	Feb 16, 2019
38	Kintop, Sophia	FR-1	St. Thomas (Minn.)	1:07.00	Parent's Day Open	Feb 16, 2019
39	Gelinske, Shelby	SR-4	Concordia-Moorhead	1:07.04	Bison Open	Feb 1, 2019
40	McCollum, Jaiden	FR-1	St. Benedict	1:07.05	CSB-SJU Alumni	Jan 26, 2019

600 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Aguiar, Phoebe	SR-4	Macalester	1:31.68	MIAC Championships	Feb 21, 2019
2	Glaaser, Johanna	JR-3	St. Olaf	1:35.40	MIAC Championships	Feb 21, 2019
3	Adamson, Mallory	SR-4	St. Thomas (Minn.)	1:36.10	MIAC Championships	Feb 21, 2019
4	Johnson, AddieKay	SR-4	Bethel (Minn.)	1:37.12	MIAC Championships	Feb 21, 2019
5	Cater, Paige	SO-2	St. Thomas (Minn.)	1:38.50	MIAC Championships	Feb 21, 2019
6	Sandeno, Elsa	SR-4	Carleton	1:38.54	MIAC Championships	Feb 21, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
7	Sankey, Hannah	SO-2	Bethel (Minn.)	1:38.65	Vanessa Seljeskog Classic	Jan 18, 2019
8	Anderson, Lily	JR-3	Gustavus Adolphus	1:39.37	Ted Nelson Classic	Feb 2, 2019
9	Rohlf, Christine	SR-4	St. Thomas (Minn.)	1:40.46	Parent's Day Open	Feb 16, 2019
10	Forness, Miriah	SR-4	Concordia-Moorhead	1:41.54	MIAC Championships	Feb 21, 2019
11	Kropp, Amy	FR-1	Carleton	1:41.77	Carleton Meet of the Hearts	Feb 9, 2019
12	Fredrickson, Isabel	SO-2	Concordia-Moorhead	1:41.93	MIAC Championships	Feb 21, 2019
13	Klingelhutz, Kelly	SO-2	St. Benedict	1:42.07	MIAC Championships	Feb 21, 2019
14	Moen, Sara	SO-2	Gustavus Adolphus	1:42.18	Maverick Invite	Feb 15, 2019
15	O'Connor, Quinn	SO-2	St. Thomas (Minn.)	1:42.36	MIAC Championships	Feb 21, 2019
16	Morrier, Marie	SR-4	St. Catherine	1:42.81	Parent's Day Open	Feb 16, 2019
17	Dammann, Morgan	JR-3	St. Thomas (Minn.)	1:43.18	Parent's Day Open	Feb 16, 2019
17	Martin, Juliette	SO-2	St. Catherine	1:43.18	MIAC Championships	Feb 21, 2019
19	Manz, Samantha	SR-4	Macalester	1:43.22	MIAC Championships	Feb 21, 2019
20	Herrmann, Josie	JR-3	Concordia-Moorhead	1:44.17	Cobber Open	Jan 19, 2019
21	Arett, Ashlyn	FR-1	St. Thomas (Minn.)	1:44.64	MIAC Championships	Feb 21, 2019
22	Hill, Megan	JR-3	Gustavus Adolphus	1:44.99	CSB-SJU Indoor Invite	Feb 9, 2019
23	Ellingson, Holly	SR-4	Macalester	1:45.06	Hamster Invitational	Feb 1, 2019
24	Mitch, Laura	FR-1	St. Benedict	1:45.60	CSB-SJU Indoor Invite	Feb 9, 2019
25	Marsh, Natalie	SO-2	Carleton	1:46.12	Carleton Triangular	Jan 18, 2019
26	Thielen, Olivia	JR-3	St. Thomas (Minn.)	1:46.96	Ted Nelson Classic	Feb 2, 2019
27	Williams, Ciara	SO-2	Macalester	1:47.78	Carleton Meet of the Hearts	Feb 9, 2019
28	Vought, Elizabeth	SR-4	Concordia-Moorhead	1:48.00	Bison Open	Feb 1, 2019
29	Marquette, Hayli	SR-4	St. Olaf	1:48.69	St. Olaf Quad	Jan 25, 2019
30	Steiger, Lindsay	JR-3	Hamline	1:49.26	Parent's Day Open	Feb 16, 2019
31	Farrell, Eve	FR-1	Carleton	1:50.64	Parent's Day Open	Feb 16, 2019
32	Mokhtary, Olivia	FR-1	Gustavus Adolphus	1:50.94	Ted Nelson Classic	Feb 2, 2019
33	VanWatermeulen, Julia	FR-1	Saint Mary's (Minn.)	1:51.37	Parent's Day Open	Feb 16, 2019
34	Prentiss, Maddy	SO-2	Macalester	1:51.99	Parent's Day Open	Feb 16, 2019
35	Fornshell, Carly	JR-3	Concordia-Moorhead	1:52.59	Dakota Classic	Dec 7, 2018
36	Vought, Colleen	SR-4	Concordia-Moorhead	1:53.40	Cobber Open	Jan 19, 2019
37	Doyle, Nora	FR-1	St. Benedict	1:54.79	Chelsey M. Henkenius Open	Jan 19, 2019
38	Perkins, Megan	FR-1	St. Catherine	1:56.89	Warren Bowlus	Jan 25, 2019
39	Hegde, Alyssa	FR-1	Gustavus Adolphus	1:58.13	Vanessa Seljeskog Classic	Jan 18, 2019
40	McClintock-Shapiro, Leah	SO-2	Carleton	1:58.53	Hamster Invitational	Feb 1, 2019

800 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Aguiar, Phoebe	SR-4	Macalester	2:08.966C	NCAA Division III Indoor Track & Field Championships	Mar 8, 2019
2	Herrmann, Josie	JR-3	Concordia-Moorhead	2:17.60	MIAC Championships	Feb 21, 2019
3	Dolan, Helen	SO-2	Hamline	2:18.78	MIAC Championships	Feb 21, 2019
4	Scheuerman, Carly	SO-2	St. Thomas (Minn.)	2:19.04	MIAC Championships	Feb 21, 2019
5	Schnabel, Abigail	SR-4	Gustavus Adolphus	2:19.08	MIAC Championships	Feb 21, 2019
6	Marsh, Natalie	SO-2	Carleton	2:20.61	MIAC Championships	Feb 21, 2019
7	Hauch, Jena	SO-2	St. Olaf	2:21.23	St. Olaf Quad	Jan 25, 2019
8	Sandeno, Elsa	SR-4	Carleton	2:21.31	MIAC Championships	Feb 21, 2019
9	Benedict, Alia	SR-4	Macalester	2:21.57	MIAC Championships	Feb 21, 2019
10	McMahon, Riley	SO-2	St. Catherine	2:22.37	St. Olaf Women's Invitational	Feb 15, 2019
11	Santangelo, Taylor	FR-1	St. Benedict	2:24.61	Hamster Invitational	Feb 1, 2019
12	Holloway, Malakai	FR-1	Bethel (Minn.)	2:25.16	Bethel Gene Glader Classic	Feb 2, 2019
13	Kennard, Maddy	SO-2	Macalester	2:25.36	Parent's Day Open	Feb 16, 2019
14	Dammann, Morgan	JR-3	St. Thomas (Minn.)	2:25.44	Ted Nelson Classic	Feb 2, 2019
15	Blake, Josie	SO-2	Gustavus Adolphus	2:25.80	CSB-SJU Indoor Invite	Feb 9, 2019
16	Ellingson, Holly	SR-4	Macalester	2:25.82	Carleton Meet of the Hearts	Feb 9, 2019
17	Hoppe, Brooke	SO-2	Macalester	2:25.88	Parent's Day Open	Feb 16, 2019
18	Kropp, Amy	FR-1	Carleton	2:26.41	Hamster Invitational	Feb 1, 2019
19	Maddux, Alexandra	FR-1	Hamline	2:27.28	Mark Schuck Open and Multi	Jan 25, 2019
20	Rohlf, Christine	SR-4	St. Thomas (Minn.)	2:27.31	St. Olaf Quad	Jan 25, 2019
21	Morrier, Marie	SR-4	St. Catherine	2:27.38	Warren Bowlus	Jan 25, 2019
22	Kroll, Anna	SO-2	St. Thomas (Minn.)	2:27.42	St. Thomas Showcase	Feb 8, 2019
23	Winter, Tierney	JR-3	Gustavus Adolphus	2:28.07	Vanessa Seljeskog Classic	Jan 18, 2019
24	Fornshell, Carly	JR-3	Concordia-Moorhead	2:28.16	MIAC Championships	Feb 21, 2019
25	Forness, Miriah	SR-4	Concordia-Moorhead	2:28.99C	North Dakota Indoor Open	Jan 25, 2019
26	Sifferle, Jordan	JR-3	St. Thomas (Minn.)	2:29.13	MIAC Championships	Feb 21, 2019
27	Mosborg, Amanda	SO-2	Carleton	2:29.14	Carleton Triangular	Jan 18, 2019
28	Fredrickson, Isabel	SO-2	Concordia-Moorhead	2:29.66C	North Dakota Indoor Open	Jan 25, 2019
29	Schoustra, Mackenzie	JR-3	St. Olaf	2:29.70	MIAC Championships	Feb 21, 2019
30	Lundgren, Claudia	JR-3	St. Thomas (Minn.)	2:29.72	St. Olaf Quad	Jan 25, 2019
31	Arett, Ashlyn	FR-1	St. Thomas (Minn.)	2:29.75	MIAC Championships	Feb 21, 2019
32	Moen, Sara	SO-2	Gustavus Adolphus	2:29.83	Vanessa Seljeskog Classic	Jan 18, 2019
33	Anderson, Haley	JR-3	Gustavus Adolphus	2:30.49	St. Olaf Quad	Jan 25, 2019
34	Wegner, Sara	JR-3	Bethel (Minn.)	2:30.78	2019 Darren Young Indoor Invitational	Feb 9, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
35	Zimmerman, Elizabeth	SO-2	Carleton	2:31.20	Carleton Meet of the Hearts	Feb 9, 2019
36	Jenssen, Lily	SO-2	Macalester	2:31.42	MIAC Championships	Feb 21, 2019
37	Stern, Lena	FR-1	Macalester	2:31.56	CSB-SJU Alumni	Jan 26, 2019
38	Hatton, Lydia	SR-4	Bethel (Minn.)	2:31.72	MIAC Championships	Feb 21, 2019
39	Degen, Jenna	SR-4	St. Benedict	2:32.20	MIAC Championships	Feb 21, 2019
40	Vought, Elizabeth	SR-4	Concordia-Moorhead	2:32.35	Bison Open	Feb 1, 2019

1000 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Herrmann, Josie	JR-3	Concordia-Moorhead	3:01.85	MIAC Championships	Feb 21, 2019
2	Dolan, Helen	SO-2	Hamline	3:02.00	MIAC Championships	Feb 21, 2019
3	Schnabel, Abigail	SR-4	Gustavus Adolphus	3:02.19	MIAC Championships	Feb 21, 2019
4	Benedict, Alia	SR-4	Macalester	3:02.69	MIAC Championships	Feb 21, 2019
5	Marsh, Natalie	SO-2	Carleton	3:04.28	MIAC Championships	Feb 21, 2019
6	Schuda, Helen	JR-3	Carleton	3:04.29	MIAC Championships	Feb 21, 2019
7	Scheuerman, Carly	SO-2	St. Thomas (Minn.)	3:04.56	MIAC Championships	Feb 21, 2019
8	Hauch, Jena	SO-2	St. Olaf	3:04.58	Carleton Triangular	Jan 18, 2019
9	Mosborg, Amanda	SO-2	Carleton	3:05.18	Parent's Day Open	Feb 16, 2019
10	Blake, Josie	SO-2	Gustavus Adolphus	3:05.84	MIAC Championships	Feb 21, 2019
11	Ellingson, Holly	SR-4	Macalester	3:06.57	MIAC Championships	Feb 21, 2019
12	Winter, Tierney	JR-3	Gustavus Adolphus	3:07.03	St. Olaf Quad	Jan 25, 2019
13	Anderson, Haley	JR-3	Gustavus Adolphus	3:07.61	MIAC Championships	Feb 21, 2019
14	Santangelo, Taylor	FR-1	St. Benedict	3:07.66	CSB-SJU Indoor Invite	Feb 9, 2019
15	Maddux, Alexandra	FR-1	Hamline	3:07.78	MIAC Championships	Feb 21, 2019
16	Sandeno, Elsa	SR-4	Carleton	3:08.18	Carleton Triangular	Jan 18, 2019
17	Stern, Lena	FR-1	Macalester	3:08.56	Parent's Day Open	Feb 16, 2019
18	Kroll, Anna	SO-2	St. Thomas (Minn.)	3:09.39	MIAC Championships	Feb 21, 2019
19	Miller, Meritt	JR-3	Concordia-Moorhead	3:09.96	MIAC Championships	Feb 21, 2019
20	Kennard, Maddy	SO-2	Macalester	3:10.22	MIAC Championships	Feb 21, 2019
21	Holloway, Malakai	FR-1	Bethel (Minn.)	3:10.30	Vanessa Seljeskog Classic	Jan 18, 2019
22	Zimmerman, Elizabeth	SO-2	Carleton	3:10.91	MIAC Championships	Feb 21, 2019
23	Kulseth, Kourtney	SO-2	Gustavus Adolphus	3:11.55	St. Olaf Quad	Jan 25, 2019
24	McMahon, Riley	SO-2	St. Catherine	3:11.78	Bethel Gene Glader Classic	Feb 2, 2019
25	Cole, Grace	FR-1	Bethel (Minn.)	3:12.22	MIAC Championships	Feb 21, 2019
26	Dopp, Madeline	SR-4	Hamline	3:12.50	Carleton Meet of the Hearts	Feb 9, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
27	Segura, Kelly	SR-4	Bethel (Minn.)	3:13.76	Parent's Day Open	Feb 16, 2019
28	Kropp, Amy	FR-1	Carleton	3:15.02	Mark Schuck Open and Multi	Jan 25, 2019
29	Vought, Elizabeth	SR-4	Concordia-Moorhead	3:15.04	MIAC Championships	Feb 21, 2019
30	Leslie, Grace	SO-2	Carleton	3:15.47	Hamster Invitational	Feb 1, 2019
31	Mickelson, Ellen	FR-1	St. Olaf	3:15.83	St. Olaf Quad	Jan 25, 2019
32	Morrier, Marie	SR-4	St. Catherine	3:16.92	Vanessa Seljeskog Classic	Jan 18, 2019
33	Andersen, Kara	SR-4	Concordia-Moorhead	3:17.03	Bison Open	Feb 1, 2019
34	Worth, Ingrid	FR-1	Carleton	3:17.43	Hamster Invitational	Feb 1, 2019
35	Rugloski, Emily	SO-2	Concordia-Moorhead	3:18.42	Bison Open	Feb 1, 2019
36	Passmore, Gabriela	JR-3	Gustavus Adolphus	3:18.56	St. Olaf Quad	Jan 25, 2019
37	Pitts, Lauren	FR-1	Carleton	3:19.23	Hamster Invitational	Feb 1, 2019
38	Moore, Meredith	JR-3	St. Olaf	3:21.35	St. Olaf Quad	Jan 25, 2019
39	Ruprecht, Alli	JR-3	St. Benedict	3:21.91	Hamster Invitational	Feb 1, 2019
40	Hudson Rasmussen, Berit	JR-3	Carleton	3:22.47	Carleton Triangular	Jan 18, 2019

Mile

	Athlete	Year	Team	Time	Meet	Meet Date
1	Winter, Tierney	JR-3	Gustavus Adolphus	5:11.69	MIAC Championships	Feb 21, 2019
2	Mosborg, Amanda	SO-2	Carleton	5:14.58	Hamster Invitational	Feb 1, 2019
3	Schuda, Helen	JR-3	Carleton	5:15.07	MIAC Championships	Feb 21, 2019
4	McMahon, Riley	SO-2	St. Catherine	5:15.51	MIAC Championships	Feb 21, 2019
5	Ness, Sara	JR-3	St. Thomas (Minn.)	5:16.37	MIAC Championships	Feb 21, 2019
6	Goff, Abby	FR-1	St. Benedict	5:16.76	St. Olaf Women's Invitational	Feb 15, 2019
7	Anderson, Haley	JR-3	Gustavus Adolphus	5:21.28	MIAC Championships	Feb 21, 2019
8	Hubell, Martha	JR-3	St. Thomas (Minn.)	5:21.33	St. Olaf Quad	Jan 25, 2019
9	Miller, Meritt	JR-3	Concordia-Moorhead	5:22.19C	North Dakota Indoor Tune-Up	Feb 16, 2019
10	Fisher, Lisa	SR-4	St. Olaf	5:22.42	St. Olaf Women's Invitational	Feb 15, 2019
11	Mickelson, Ellen	FR-1	St. Olaf	5:23.74	St. Olaf Quad	Jan 25, 2019
12	Morrier, Marie	SR-4	St. Catherine	5:23.77	Bethel Gene Glader Classic	Feb 2, 2019
13	Greenlee, Emma	SO-2	Carleton	5:24.76	Minnesota Open	Jan 12, 2019
14	Dopp, Madeline	SR-4	Hamline	5:25.48	Hamster Invitational	Feb 1, 2019
15	Hauch, Jena	SO-2	St. Olaf	5:26.83	Chuck Petersen Open & Multi	Dec 8, 2018
16	Holloway, Malakai	FR-1	Bethel (Minn.)	5:27.26	Parent's Day Open	Feb 16, 2019
17	Moll, Olivia	FR-1	St. Thomas (Minn.)	5:27.77	Parent's Day Open	Feb 16, 2019
18	Moore, Meredith	JR-3	St. Olaf	5:27.82	St. Olaf Women's Invitational	Feb 15, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
18	Kulseth, Kourtney	SO-2	Gustavus Adolphus	5:27.82	St. Olaf Quad	Jan 25, 2019
20	Stern, Lena	FR-1	Macalester	5:28.18	Carleton Meet of the Hearts	Feb 9, 2019
21	Hudson Rasmussen, Berit	JR-3	Carleton	5:28.26	Parent's Day Open	Feb 16, 2019
22	Hage, Anna	SO-2	Bethel (Minn.)	5:30.06	Parent's Day Open	Feb 16, 2019
23	Matzoll, Amber	SR-4	St. Thomas (Minn.)	5:30.45	St. Olaf Quad	Jan 25, 2019
24	Yost-Wolff, Marlee	SR-4	Macalester	5:30.92	Parent's Day Open	Feb 16, 2019
25	Maddux, Alexandra	FR-1	Hamline	5:31.44	St. Thomas Opener	Jan 11, 2019
26	Schnabel, Abigail	SR-4	Gustavus Adolphus	5:31.53	Vanessa Seljeskog Classic	Jan 18, 2019
27	Leslie, Grace	SO-2	Carleton	5:32.28	MIAC Championships	Feb 21, 2019
28	Passmore, Gabriela	JR-3	Gustavus Adolphus	5:33.31	St. Olaf Quad	Jan 25, 2019
29	Zimmerman, Elizabeth	SO-2	Carleton	5:34.00	Mark Schuck Open and Multi	Jan 25, 2019
30	Cole, Grace	FR-1	Bethel (Minn.)	5:34.41	MIAC Championships	Feb 21, 2019
31	Clarke, Molly	JR-3	St. Thomas (Minn.)	5:35.56	St. Olaf Quad	Jan 25, 2019
32	Herland, Lauren	SR-4	St. Olaf	5:36.21	St. Olaf Women's Invitational	Feb 15, 2019
33	Nazarino, Sarah	SR-4	Carleton	5:36.48	Parent's Day Open	Feb 16, 2019
34	Marsh, Natalie	SO-2	Carleton	5:36.84	Minnesota Open	Jan 12, 2019
35	Swanson, Anya	FR-1	St. Catherine	5:36.90	St. Olaf Women's Invitational	Feb 15, 2019
36	Segura, Kelly	SR-4	Bethel (Minn.)	5:37.12	Bethel Gene Glader Classic	Feb 2, 2019
37	Worth, Ingrid	FR-1	Carleton	5:37.49	Minnesota Open	Jan 12, 2019
38	Blake, Josie	SO-2	Gustavus Adolphus	5:37.58	St. Thomas Opener	Jan 11, 2019
39	Gruenberg, Brianna	SR-4	Concordia-Moorhead	5:37.70	Cobber Open	Jan 19, 2019
40	Rugloski, Emily	SO-2	Concordia-Moorhead	5:37.71C	North Dakota Indoor Tune-Up	Feb 16, 2019

3000 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Mosborg, Amanda	SO-2	Carleton	10:17.14	Mark Schuck Open and Multi	Jan 25, 2019
2	Hubell, Martha	JR-3	St. Thomas (Minn.)	10:18.78	Wartburg Qualifier	Mar 1, 2019
3	Greenlee, Emma	SO-2	Carleton	10:26.43	Parent's Day Open	Feb 16, 2019
4	Schnirring, Samantha	SR-4	Carleton	10:26.60	Carleton Meet of the Hearts	Feb 9, 2019
5	Ness, Sara	JR-3	St. Thomas (Minn.)	10:27.66	MIAC Championships	Feb 21, 2019
6	Schuda, Helen	JR-3	Carleton	10:28.56	Carleton Meet of the Hearts	Feb 9, 2019
7	Pierce, Morgan	SR-4	St. Benedict	10:28.88	MIAC Championships	Feb 21, 2019
8	Dopp, Madeline	SR-4	Hamline	10:28.89	MIAC Championships	Feb 21, 2019
9	Kulseth, Kourtney	SO-2	Gustavus Adolphus	10:29.57	CSB-SJU Indoor Invite	Feb 9, 2019
10	McMahon, Riley	SO-2	St. Catherine	10:30.45	MIAC Championships	Feb 21, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
11	Goff, Abby	FR-1	St. Benedict	10:33.05	CSB-SJU Indoor Invite	Feb 9, 2019
12	Fisher, Lisa	SR-4	St. Olaf	10:33.27	Chuck Petersen Open & Multi	Dec 8, 2018
13	Andersen, Kara	SR-4	Concordia-Moorhead	10:36.21	CSB-SJU Indoor Invite	Feb 9, 2019
14	Passmore, Gabriela	JR-3	Gustavus Adolphus	10:38.91	CSB-SJU Indoor Invite	Feb 9, 2019
15	Moll, Olivia	FR-1	St. Thomas (Minn.)	10:43.28	St. Thomas Showcase	Feb 8, 2019
16	Hayden, Bernadette	JR-3	Hamline	10:45.03	Carleton Triangular	Jan 18, 2019
17	Naas, Mary	SR-4	St. Olaf	10:47.84	Carleton Meet of the Hearts	Feb 9, 2019
18	Matzoll, Amber	SR-4	St. Thomas (Minn.)	10:49.26	MIAC Championships	Feb 21, 2019
19	Miles, Kathleen	SR-4	Hamline	10:49.96	Parent's Day Open	Feb 16, 2019
20	Yost-Wolff, Marlee	SR-4	Macalester	10:50.22	MIAC Championships	Feb 21, 2019
21	Moore, Meredith	JR-3	St. Olaf	10:50.87	Carleton Meet of the Hearts	Feb 9, 2019
22	Miller, Meritt	JR-3	Concordia-Moorhead	10:51.66	Bison Open	Feb 1, 2019
23	Miller, Sara	SO-2	St. Thomas (Minn.)	10:52.30	St. Thomas Showcase	Feb 8, 2019
24	Breuckman, Katie	JR-3	St. Thomas (Minn.)	10:56.06	Parent's Day Open	Feb 16, 2019
25	Clarke, Molly	JR-3	St. Thomas (Minn.)	10:56.83	Ted Nelson Classic	Feb 2, 2019
26	Hudson Rasmussen, Berit	JR-3	Carleton	10:57.25	MIAC Championships	Feb 21, 2019
27	Nazarino, Sarah	SR-4	Carleton	10:59.97	Hamster Invitational	Feb 1, 2019
28	Gruenberg, Brianna	SR-4	Concordia-Moorhead	11:00.84C	North Dakota Indoor Tune-Up	Feb 16, 2019
29	Mickelson, Ellen	FR-1	St. Olaf	11:00.89	Chuck Petersen Open & Multi	Dec 8, 2018
30	Nelsen, Tarja	SR-4	Concordia-Moorhead	11:01.00	CSB-SJU Indoor Invite	Feb 9, 2019
31	Markowski, Lauren	SO-2	St. Olaf	11:01.40	Chuck Petersen Open & Multi	Dec 8, 2018
32	Leslie, Grace	SO-2	Carleton	11:02.00	Carleton Meet of the Hearts	Feb 9, 2019
33	Hage, Anna	SO-2	Bethel (Minn.)	11:05.87	St. Olaf Quad	Jan 25, 2019
34	Anderson, Sarah	JR-3	Gustavus Adolphus	11:06.02	MIAC Championships	Feb 21, 2019
35	Ramon, Iliana	FR-1	Gustavus Adolphus	11:07.42	MIAC Championships	Feb 21, 2019
36	Morrier, Marie	SR-4	St. Catherine	11:09.57	St. Thomas Opener	Jan 11, 2019
37	Miest, Mackinzee	FR-1	Gustavus Adolphus	11:10.65	Maverick Invite	Feb 15, 2019
38	Launder, Jenny	SR-4	St. Thomas (Minn.)	11:13.82	Parent's Day Open	Feb 16, 2019
39	Allaben, Sarah	SO-2	Carleton	11:14.19	Minnesota Open	Jan 12, 2019
40	Freshwaters, Danielle	FR-1	Macalester	11:15.34	Parent's Day Open	Feb 16, 2019
40	Rugloski, Emily	SO-2	Concordia-Moorhead	11:15.34	CSB-SJU Indoor Invite	Feb 9, 2019

5000 Meters

	Athlete	Year	Team	Time	Meet	Meet Date
1	Mosborg, Amanda	SO-2	Carleton	17:57.48	St. Thomas Showcase	Feb 8, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
2	Pierce, Morgan	SR-4	St. Benedict	17:57.89	MIAC Championships	Feb 21, 2019
3	Greenlee, Emma	SO-2	Carleton	18:01.98	MIAC Championships	Feb 21, 2019
4	Schnirring, Samantha	SR-4	Carleton	18:04.87	MIAC Championships	Feb 21, 2019
5	Hubell, Martha	JR-3	St. Thomas (Minn.)	18:13.09	St. Thomas Showcase	Feb 8, 2019
6	Fisher, Lisa	SR-4	St. Olaf	18:23.02	St. Thomas Showcase	Feb 8, 2019
7	Andersen, Kara	SR-4	Concordia-Moorhead	18:25.59	MIAC Championships	Feb 21, 2019
8	Miles, Kathleen	SR-4	Hamline	18:28.28	MIAC Championships	Feb 21, 2019
9	Ness, Sara	JR-3	St. Thomas (Minn.)	18:44.04	St. Thomas Showcase	Feb 8, 2019
10	Hayden, Bernadette	JR-3	Hamline	18:48.36	Mark Schuck Open and Multi	Jan 25, 2019
11	Breuckman, Katie	JR-3	St. Thomas (Minn.)	18:48.47	MIAC Championships	Feb 21, 2019
12	Clarke, Molly	JR-3	St. Thomas (Minn.)	18:48.78	MIAC Championships	Feb 21, 2019
13	Nazarino, Sarah	SR-4	Carleton	18:52.73	Carleton Meet of the Hearts	Feb 9, 2019
14	Naas, Mary	SR-4	St. Olaf	18:59.03	MIAC Championships	Feb 21, 2019
15	Ramon, Iliana	FR-1	Gustavus Adolphus	19:04.24	MIAC Championships	Feb 21, 2019
16	Nelson, Ellie	SO-2	Bethel (Minn.)	19:05.32	MIAC Championships	Feb 21, 2019
17	Miller, Meritt	JR-3	Concordia-Moorhead	19:11.95C	North Dakota Indoor Open	Jan 25, 2019
18	Nelsen, Tarja	SR-4	Concordia-Moorhead	19:16.05	MIAC Championships	Feb 21, 2019
19	Gruenberg, Brianna	SR-4	Concordia-Moorhead	19:20.53	MIAC Championships	Feb 21, 2019
20	Anderson, Sarah	JR-3	Gustavus Adolphus	19:27.30	CSB-SJU Indoor Invite	Feb 9, 2019
21	Wachowiak, Jena	SO-2	St. Benedict	19:30.46	CSB-SJU Indoor Invite	Feb 9, 2019
22	Miest, Mackinzee	FR-1	Gustavus Adolphus	19:33.62	CSB-SJU Indoor Invite	Feb 9, 2019
23	Launder, Jenny	SR-4	St. Thomas (Minn.)	19:40.29	St. Thomas Showcase	Feb 8, 2019
24	Renier, Tracy	FR-1	St. Benedict	19:43.72	CSB-SJU Indoor Invite	Feb 9, 2019
25	Sheely, Ann	SO-2	Augsburg	19:43.97	Carleton Meet of the Hearts	Feb 9, 2019
26	Rugloski, Emily	SO-2	Concordia-Moorhead	20:02.39C	North Dakota Indoor Open	Jan 25, 2019
27	Markowski, Lauren	SO-2	St. Olaf	20:03.16	Carleton Meet of the Hearts	Feb 9, 2019
28	Herland, Lauren	SR-4	St. Olaf	20:05.72	Carleton Meet of the Hearts	Feb 9, 2019
29	Clark, Julia	SO-2	St. Catherine	20:07.29	St. Thomas Showcase	Feb 8, 2019
30	Ahlstrom, Leighlin	JR-3	St. Catherine	20:24.57	Warren Bowlus	Jan 25, 2019
31	Wolterman, Anya	JR-3	Macalester	20:38.99	Parent's Day Open	Feb 16, 2019
32	Brine-Doyle, Jackie	SR-4	St. Catherine	21:08.34	Warren Bowlus	Jan 25, 2019

60 Hurdles

	Athlete	Year	Team	Time	Meet	Meet Date
1	Brown, Gabrielle	SR-4	Hamline	8.70	NCAA Division III Indoor Track & Field Championships	Mar 8, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
2	Chell, Claire	FR-1	St. Thomas (Minn.)	9.25	Ted Nelson Classic	Feb 2, 2019
3	Smith, Chelsea	SO-2	St. Benedict	9.28	MIAC Championships	Feb 21, 2019
4	Degen, Jenna	SR-4	St. Benedict	9.31	MIAC Championships	Feb 21, 2019
4	Schoustra, Mackenzie	JR-3	St. Olaf	9.31	MIAC Championships	Feb 21, 2019
6	McKinstrey, Corin	JR-3	Bethel (Minn.)	9.40	MIAC Championships	Feb 21, 2019
7	Lundquist, Elsie	SO-2	St. Catherine	9.62	MIAC Championships	Feb 21, 2019
8	Kammer, Laura	JR-3	St. Olaf	9.69	MIAC Championships	Feb 21, 2019
9	Peterson, Elizabeth	SO-2	Hamline	9.75	MIAC Championships	Feb 21, 2019
10	Williams, Syri	SO-2	Bethel (Minn.)	9.76	MIAC Championships	Feb 21, 2019
10	Sifferle, Jordan	JR-3	St. Thomas (Minn.)	9.76	MIAC Championships	Feb 21, 2019
12	Grimes, Megan	SR-4	St. Olaf	9.81	MIAC Championships	Feb 21, 2019
12	Piergies, Tonya	SR-4	Carleton	9.81	MIAC Championships	Feb 21, 2019
14	Woldt, Paige	SO-2	St. Olaf	9.82	MIAC Championships	Feb 21, 2019
15	Lilleberg, Nicole	SO-2	Concordia-Moorhead	9.86	MIAC Championships	Feb 21, 2019
16	Studer, Rachel	SO-2	Gustavus Adolphus	9.87	MIAC Championships	Feb 21, 2019
17	Bohlig, Emily	JR-3	St. Olaf	9.92	MIAC Championships	Feb 21, 2019
18	Pickthorn, Stephanie	FR-1	St. Benedict	9.94	MIAC Championships	Feb 21, 2019
19	Erlandson, Lori	SR-4	St. Olaf	10.00	MIAC Championships	Feb 21, 2019
19	Stilwell, Jenna	SR-4	Concordia-Moorhead	10.00	MIAC Championships	Feb 21, 2019
21	Smedsrud, Kynzie	SR-4	Saint Mary's (Minn.)	10.02	Luther Alumni Meet	Feb 2, 2019
22	Miller, Cecelia	FR-1	Hamline	10.06	Parent's Day Open	Feb 16, 2019
23	Shimek, Ashley	SO-2	St. Thomas (Minn.)	10.07	Parent's Day Open	Feb 16, 2019
23	Grove, Anna	SO-2	Carleton	10.07	Carleton Triangular	Jan 18, 2019
25	Zamacona, Aoife	FR-1	Hamline	10.12	MIAC Championships	Feb 21, 2019
26	Ende, Kayla	FR-1	Bethel (Minn.)	10.17	Parent's Day Open	Feb 16, 2019
26	Fornshell, Carly	JR-3	Concordia-Moorhead	10.17	MIAC Championships	Feb 21, 2019
28	Parlin, Beth	SO-2	Hamline	10.18	Carleton Triangular	Jan 18, 2019
29	Marsh, Sydney	FR-1	Carleton	10.23	Carleton Meet of the Hearts	Feb 9, 2019
30	Baker, Grace	SO-2	St. Benedict	10.27	MIAC Championships	Feb 21, 2019
30	Jobe, Katie	JR-3	Concordia-Moorhead	10.27	MIAC Championships	Feb 21, 2019
32	DeKnikker, Karley	SO-2	Gustavus Adolphus	10.29	Ted Nelson Classic	Feb 2, 2019
33	Terhaar, Mariah	JR-3	St. Thomas (Minn.)	10.30	MIAC Championships	Feb 21, 2019
34	Balzer, Becca	FR-1	Bethel (Minn.)	10.42	Vanessa Seljeskog Classic	Jan 18, 2019
35	Thompson, Taylor	SO-2	Gustavus Adolphus	10.51	Maverick Invite	Feb 15, 2019
36	Clarke, Melissa	JR-3	Hamline	10.52	Carleton Meet of the Hearts	Feb 9, 2019

	Athlete	Year	Team	Time	Meet	Meet Date
37	Hoff, Olivia	FR-1	St. Benedict	10.60	Hamster Invitational	Feb 1, 2019
38	Forness, Miriah	SR-4	Concordia-Moorhead	10.61	North Dakota Indoor Open	Jan 25, 2019
39	Paul, Sally	SO-2	Bethel (Minn.)	10.69	Vanessa Seljeskog Classic	Jan 18, 2019
40	Abraham, Muna	FR-1	Hamline	10.81	Carleton Triangular	Jan 18, 2019

4 x 200 Relay

	Team	Time	Athletes	Meet	Meet Date
1	St. Thomas (Minn.)	1:43.18	Chell, Marciniak, McFerson, Smith	MIAC Championships	Feb 21, 2019
2	Bethel (Minn.)	1:44.57	Sankey, Labatt, Perrenoud, Johnson	Bethel Gene Glader Classic	Feb 2, 2019
3	Hamline	1:46.10	Robinson, Brown, Olson, Berninghaus	MIAC Championships	Feb 21, 2019
4	St. Olaf	1:47.78	Glaaser, Elstad, Jansen, Ash	MIAC Championships	Feb 21, 2019
5	Saint Mary's (Minn.)	1:48.29	Klausler, Schurrer, Crowe, Smedsrud	MIAC Championships	Feb 21, 2019
6	Gustavus Adolphus	1:50.50	Stowell, Olinger, Hill, Anderson	CSB-SJU Indoor Invite	Feb 9, 2019
7	St. Benedict	1:51.31	Brown, Mitch, Zdechlik, Smith	MIAC Championships	Feb 21, 2019
8	Concordia-Moorhead	1:51.50	Banks, Santl, Lilleberg, Gelinske	MIAC Championships	Feb 21, 2019
9	Carleton	1:54.32	Cordova, Piergies, English, Osha	MIAC Championships	Feb 21, 2019
10	Macalester	1:57.93	Detlaff, Brooke-Pike, Williams, Manz	MIAC Championships	Feb 21, 2019

4 x 400 Relay

	Team	Time	Athletes	Meet	Meet Date
1	Bethel (Minn.)	3:53.343C	Sankey, Labatt, McKinstrey, Johnson	NCAA Division III Indoor Track & Field Championships	Mar 8, 2019
2	St. Thomas (Minn.)	4:00.82	McFerson, Chell, Smith, Adamson	MIAC Championships	Feb 21, 2019
3	St. Olaf	4:04.04	Jansen, Ash, Elstad, Glaaser	MIAC Championships	Feb 21, 2019
4	Concordia-Moorhead	4:07.73	Fredrickson, Fornshell, Forness, Herrmann	MIAC Championships	Feb 21, 2019
5	Gustavus Adolphus	4:08.74	Anderson, Moen, Winter, Schnabel	Ted Nelson Classic	Feb 2, 2019
6	Macalester	4:09.18	Schlieman, Benedict, Ellingson, Aguiar	MIAC Championships	Feb 21, 2019
7	Saint Mary's (Minn.)	4:12.58	Klausler, Crowe, Smedsrud, Schurrer	MIAC Championships	Feb 21, 2019
8	Hamline	4:13.41	Berninghaus, Brown, Maddux, Dolan	MIAC Championships	Feb 21, 2019
9	Carleton	4:13.83	Airoldi, Kropp, Marsh, Sandeno	MIAC Championships	Feb 21, 2019
10	St. Benedict	4:16.00	Klingelhutz, Santangelo, Mitch, Kuhn	Hamster Invitational	Feb 1, 2019
11	St. Catherine	4:32.06	Martin, Perkins, McMahon, Morrier	Bethel Gene Glader Classic	Feb 2, 2019
12	Augsburg	4:42.54	Lewis, Sheely, Hartman, Terry	St. Thomas Invitational	Jan 18, 2019

Distance Medley Relay

	Team	Time	Athletes	Meet	Meet Date
1	Gustavus Adolphus	12:19.41	Blake, Moen, Schnabel, Winter	Wartburg Qualifier	Mar 1, 2019
2	St. Thomas (Minn.)	12:47.90	Kroll, Gregory, Dammann, Moll	MIAC Championships	Feb 21, 2019
3	Carleton	12:51.52	Zimmerman, Peebles, Kropp, Hudson Rasmusse	MIAC Championships	Feb 21, 2019
4	Hamline	12:55.00	Maddux, Steiger, Dolan, Dopp	MIAC Championships	Feb 21, 2019
5	Concordia-Moorhead	12:55.52	Forness, Fornshell, Fredrickson, Miller	MIAC Championships	Feb 21, 2019
6	St. Olaf	13:01.24	Mickelson, Jansen, Herland, Moore	MIAC Championships	Feb 21, 2019
7	Bethel (Minn.)	13:05.46	Segura, Finnes, Cole, Holloway	MIAC Championships	Feb 21, 2019
8	St. Catherine	13:09.34	Swanson, Perkins, Martin, McMahon	MIAC Championships	Feb 21, 2019
9	St. Benedict	13:09.95	Merten, Klingelhut, Santangelo	MIAC Championships	Feb 21, 2019
10	Macalester	13:10.02	Stern, Manz, Ellingson, Yost-Wolff	MIAC Championships	Feb 21, 2019
11	Saint Mary's (Minn.)	13:47.11	Marinc, Smedsrud, Crowe, Franke	MIAC Championships	Feb 21, 2019
12	Augsburg	15:42.44	Sheely, Shinohara, Hartman, Mangan	MIAC Championships	Feb 21, 2019

High Jump

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Bordson, Grace	SR-4	St. Thomas (Minn.)	1.70m	5' 7"	MIAC Championships	Feb 21, 2019
2	Ohde, Rachel	SO-2	Saint Mary's (Minn.)	1.66m	5' 5.25"	Parent's Day Open	Feb 16, 2019
3	Lundquist, Elsie	SO-2	St. Catherine	1.65m	5' 5"	MIAC Championships	Feb 21, 2019
4	Schoustra, Mackenzie	JR-3	St. Olaf	1.63m	5' 4.25"	MIAC Championships	Feb 21, 2019
5	Severson, Sidney	SR-4	St. Thomas (Minn.)	1.62m	5' 3.75"	Parent's Day Open	Feb 16, 2019
5	McFerson, Matilda	JR-3	St. Thomas (Minn.)	1.62m	5' 3.75"	Chuck Petersen Open & Multi	Dec 8, 2018
7	Blackett-Thomas, Erica	SO-2	Carleton	1.58m	5' 2.25"	Parent's Day Open	Feb 16, 2019
7	Peterson, Elizabeth	SO-2	Hamline	1.58m	5' 2.25"	St. Thomas Opener	Jan 11, 2019
7	Terhaar, Mariah	JR-3	St. Thomas (Minn.)	1.58m	5' 2.25"	St. Thomas Opener	Jan 11, 2019
10	Degen, Jenna	SR-4	St. Benedict	1.57m	5' 1.75"	Bison Open	Feb 1, 2019
10	Bohlig, Emily	JR-3	St. Olaf	1.57m	5' 1.75"	St. Olaf Women's Invitational	Feb 15, 2019
10	Grove, Anna	SO-2	Carleton	1.57m	5' 1.75"	Carleton Triangular	Jan 18, 2019
13	Anderson, Alexandra	JR-3	Gustavus Adolphus	1.55m	5' 1"	Vanessa Seljeskog Classic	Jan 18, 2019
13	Renelt, Gabby	SO-2	Concordia-Moorhead	1.55m	5' 1"	North Dakota Indoor Tune-Up	Feb 16, 2019
15	Spehar, Suntina	JR-3	St. Benedict	1.54m	5' 0.5"	CSB-SJU Indoor Invite	Feb 9, 2019
16	Joens, Bailey	JR-3	Saint Mary's (Minn.)	1.53m	5' 0.25"	Early Birdinal	Jan 12, 2019
17	Brocker, Halley	FR-1	Gustavus Adolphus	1.52m	4' 11.75"	Chuck Petersen Open & Multi	Dec 8, 2018
17	Farrell, Eve	FR-1	Carleton	1.52m	4' 11.75"	Carleton Meet of the Hearts	Feb 9, 2019
17	Radke, Johna	SR-4	St. Catherine	1.52m	4' 11.75"	St. Olaf Women's Invitational	Feb 15, 2019
20	Jobe, Katie	JR-3	Concordia-Moorhead	1.51m	4' 11.5"	Bison Open	Feb 1, 2019

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
20	Piergies, Tonya	SR-4	Carleton	1.51m	4' 11.5"	MIAC Championships	Feb 21, 2019
22	Engen, Tierza	JR-3	Concordia-Moorhead	1.49m	4' 10.5"	Cobber Open	Jan 19, 2019
23	Holthaus, Morgan	SO-2	St. Benedict	1.47m	4' 9.75"	Hamster Invitational	Feb 1, 2019
24	Ryan, Kelsi	FR-1	Hamline	1.44m	4' 8.75"	Hamster Invitational	Feb 1, 2019
24	Koelz, Sadie	SO-2	Bethel (Minn.)	1.44m	4' 8.75"	2019 Darren Young Indoor Invitational	Feb 9, 2019
24	Grimes, Megan	SR-4	St. Olaf	1.44m	4' 8.75"	Jack Johnson Classic	Jan 25, 2019
24	Ethen, Corrie	JR-3	Concordia-Moorhead	1.44m	4' 8.75"	Cobber Open	Jan 19, 2019
28	Novak, Kendall	SR-4	St. Thomas (Minn.)	1.43m	4' 8.25"	St. Thomas Opener	Jan 11, 2019
28	Finnes, Taylor	FR-1	Bethel (Minn.)	1.43m	4' 8.25"	Bethel Gene Glader Classic	Feb 2, 2019
30	Zamacona, Aoife	FR-1	Hamline	1.42m	4' 7.75"	Carleton Triangular	Jan 18, 2019
30	Thompson, Taylor	SO-2	Gustavus Adolphus	1.42m	4' 7.75"	MIAC Championships	Feb 21, 2019
30	Stilwell, Jenna	SR-4	Concordia-Moorhead	1.42m	4' 7.75"	MIAC Championships	Feb 21, 2019
33	Fornshell, Carly	JR-3	Concordia-Moorhead	1.40m	4' 7"	North Dakota Indoor Tune-Up	Feb 16, 2019
33	Abara, Lena	FR-1	St. Thomas (Minn.)	1.40m	4' 7"	Parent's Day Open	Feb 16, 2019
35	Pickthorn, Stephanie	FR-1	St. Benedict	1.39m	4' 6.75"	MIAC Championships	Feb 21, 2019
36	Nelson, Hannah	SO-2	Bethel (Minn.)	1.38m	4' 6.25"	Bethel Gene Glader Classic	Feb 2, 2019
37	Abraham, Muna	FR-1	Hamline	1.37m	4' 6"	Mark Schuck Open and Multi	Jan 25, 2019
38	Studer, Rachel	SO-2	Gustavus Adolphus	1.36m	4' 5.5"	MIAC Championships	Feb 21, 2019
39	Sifferle, Jordan	JR-3	St. Thomas (Minn.)	1.33m	4' 4.25"	St. Thomas Showcase	Feb 8, 2019
39	Williams, Syri	SO-2	Bethel (Minn.)	1.33m	4' 4.25"	Bethel Gene Glader Classic	Feb 2, 2019
39	Paul, Sally	SO-2	Bethel (Minn.)	1.33m	4' 4.25"	Bethel Gene Glader Classic	Feb 2, 2019

Pole Vault

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Novak, Kendall	SR-4	St. Thomas (Minn.)	3.70m	12' 1.5"	Parent's Day Open	Feb 16, 2019
2	Terhaar, Mariah	JR-3	St. Thomas (Minn.)	3.47m	11' 4.5"	MIAC Championships	Feb 21, 2019
3	Sifferle, Jordan	JR-3	St. Thomas (Minn.)	3.27m	10' 8.75"	MIAC Championships	Feb 21, 2019
4	Koelz, Sadie	SO-2	Bethel (Minn.)	3.25m	10' 8"	Parent's Day Open	Feb 16, 2019
5	Dalki, Elisabeth	SO-2	St. Benedict	3.13m	10' 3.25"	CSB-SJU Indoor Invite	Feb 9, 2019
6	Butchko, Mallory	SR-4	Gustavus Adolphus	3.12m	10' 2.75"	MIAC Championships	Feb 21, 2019
6	Marsh, Sydney	FR-1	Carleton	3.12m	10' 2.75"	Mark Schuck Open and Multi	Jan 25, 2019
6	Walls, Jordan	SR-4	Hamline	3.12m	10' 2.75"	MIAC Championships	Feb 21, 2019
6	Peterson, Elizabeth	SO-2	Hamline	3.12m	10' 2.75"	MIAC Championships	Feb 21, 2019
6	Evans, Gabrielle	FR-1	Carleton	3.12m	10' 2.75"	MIAC Championships	Feb 21, 2019
6	Stelten, Lee	JR-3	St. Benedict	3.12m	10' 2.75"	MIAC Championships	Feb 21, 2019

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
12	Engen, Tierza	JR-3	Concordia-Moorhead	3.00m	9' 10"	Bison Open	Feb 1, 2019
13	Haxton, Ashley	FR-1	Gustavus Adolphus	2.98m	9' 9.25"	CSB-SJU Indoor Invite	Feb 9, 2019
14	Schaffer, Chelsea	SO-2	St. Benedict	2.97m	9' 9"	MIAC Championships	Feb 21, 2019
15	Dorn, Madison	FR-1	Bethel (Minn.)	2.95m	9' 8"	Parent's Day Open	Feb 16, 2019
15	Witham, Zoe	FR-1	St. Benedict	2.95m	9' 8"	St. Olaf Women's Invitational	Feb 15, 2019
17	Forness, Miriah	SR-4	Concordia-Moorhead	2.83m	9' 3.25"	CSB-SJU Indoor Invite	Feb 9, 2019
18	Harren, Shanoah	SO-2	Hamline	2.82m	9' 3"	Mark Schuck Open and Multi	Jan 25, 2019
18	Mor, Doris-Klein	FR-1	Gustavus Adolphus	2.82m	9' 3"	MIAC Championships	Feb 21, 2019
18	Ogilvie, Jade	JR-3	Carleton	2.82m	9' 3"	Mark Schuck Open and Multi	Jan 25, 2019
21	Hoff, Olivia	FR-1	St. Benedict	2.80m	9' 2.25"	St. Olaf Women's Invitational	Feb 15, 2019
22	Grosse, Hannah	FR-1	Macalester	2.75m	9' 0.25"	Vanessa Seljeskog Classic	Jan 18, 2019
23	Rieth, Jenna	JR-3	Gustavus Adolphus	2.60m	8' 6.25"	Vanessa Seljeskog Classic	Jan 18, 2019
24	Singh, Prabhjot	SR-4	Gustavus Adolphus	2.52m	8' 3.25"	Ted Nelson Classic	Feb 2, 2019
25	Rue, AnaClaire	SO-2	Concordia-Moorhead	2.50m	8' 2.5"	North Dakota Indoor Tune-Up	Feb 16, 2019
26	Boettcher, Kayla	SO-2	Saint Mary's (Minn.)	2.36m	7' 8.75"	St. Thomas Showcase	Feb 8, 2019
27	Schmidt, Kellie	FR-1	Bethel (Minn.)	2.31m	7' 7"	2019 Darren Young Indoor Invitational	Feb 9, 2019
28	Goetzman, Julia	FR-1	Bethel (Minn.)	2.20m	7' 2.5"	Parent's Day Open	Feb 16, 2019
29	Freire, Nathalie	FR-1	Saint Mary's (Minn.)	2.13m	6' 11.75"	Early Birdinal	Jan 12, 2019

Long Jump

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Kretlow, Steph	JR-3	St. Thomas (Minn.)	5.72m	18' 9.25"	MIAC Championships	Feb 21, 2019
2	Robinson, Jailyn	FR-1	Hamline	5.55m	18' 2.5"	MIAC Championships	Feb 21, 2019
3	Thompson, Tori	SR-4	St. Catherine	5.41m	17' 9"	MIAC Championships	Feb 21, 2019
4	Van Goethem, Abigail	JR-3	Hamline	5.33m	17' 6"	MIAC Championships	Feb 21, 2019
5	Perrenoud, Grace	FR-1	Bethel (Minn.)	5.29m	17' 4.25"	MIAC Championships	Feb 21, 2019
6	Klausler, Sydney	FR-1	Saint Mary's (Minn.)	5.28m	17' 4"	MIAC Championships	Feb 21, 2019
7	Degen, Jenna	SR-4	St. Benedict	5.20m	17' 0.75"	MIAC Championships	Feb 21, 2019
8	Schoustra, Mackenzie	JR-3	St. Olaf	5.16m	16' 11.25"	St. Thomas Opener	Jan 11, 2019
8	Zurbay, Megan	SO-2	St. Thomas (Minn.)	5.16m	16' 11.25"	MIAC Championships	Feb 21, 2019
10	Lundquist, Elsie	SO-2	St. Catherine	5.12m	16' 9.75"	MIAC Championships	Feb 21, 2019
11	Jansen, Ann	FR-1	St. Olaf	5.07m	16' 7.75"	MIAC Championships	Feb 21, 2019
12	Schepper, Reilee	FR-1	St. Catherine	4.98m	16' 4.25"	MIAC Championships	Feb 21, 2019
13	Piergies, Tonya	SR-4	Carleton	4.95m	16' 3"	MIAC Championships	Feb 21, 2019
14	Marquette, Hayli	SR-4	St. Olaf	4.91m	16' 1.5"	St. Olaf Women's Invitational	Feb 15, 2019

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
15	Paul, Sally	SO-2	Bethel (Minn.)	4.90m	16' 1"	Bethel Gene Glader Classic	Feb 2, 2019
16	Quandt, Taylor	SR-4	St. Thomas (Minn.)	4.87m	15' 11.75"	St. Thomas Opener	Jan 11, 2019
17	Williams, Syri	SO-2	Bethel (Minn.)	4.85m	15' 11"	Vanessa Seljeskog Classic	Jan 18, 2019
18	Fornshell, Carly	JR-3	Concordia-Moorhead	4.84m	15' 10.5"	Bison Open	Feb 1, 2019
19	Forness, Miriah	SR-4	Concordia-Moorhead	4.77m	15' 7.75"	Bison Open	Feb 1, 2019
19	Bohlig, Emily	JR-3	St. Olaf	4.77m	15' 7.75"	MIAC Championships	Feb 21, 2019
21	Bode, Claire	FR-1	Bethel (Minn.)	4.76m	15' 7.5"	MIAC Championships	Feb 21, 2019
22	Knighton-Johnson, Kayli	FR-1	Bethel (Minn.)	4.75m	15' 7"	Bethel Gene Glader Classic	Feb 2, 2019
23	Studer, Rachel	SO-2	Gustavus Adolphus	4.74m	15' 6.75"	Ted Nelson Classic	Feb 2, 2019
24	Sifferle, Jordan	JR-3	St. Thomas (Minn.)	4.72m	15' 6"	MIAC Championships	Feb 21, 2019
25	Grimes, Megan	SR-4	St. Olaf	4.70m	15' 5"	MIAC Championships	Feb 21, 2019
26	Terry, Jordan	FR-1	Augsburg	4.66m	15' 3.5"	St. Thomas Invitational	Jan 18, 2019
26	Jobe, Katie	JR-3	Concordia-Moorhead	4.66m	15' 3.5"	MIAC Championships	Feb 21, 2019
28	Giles, DeAnna	SO-2	Gustavus Adolphus	4.63m	15' 2.25"	St. Olaf Quad	Jan 25, 2019
29	Terhaar, Mariah	JR-3	St. Thomas (Minn.)	4.61m	15' 1.5"	St. Thomas Invitational	Jan 18, 2019
29	Eliason, Ella	FR-1	Bethel (Minn.)	4.61m	15' 1.5"	Parent's Day Open	Feb 16, 2019
31	Pickthorn, Stephanie	FR-1	St. Benedict	4.58m	15' 0.5"	CSB-SJU Indoor Invite	Feb 9, 2019
32	Joens, Bailey	JR-3	Saint Mary's (Minn.)	4.55m	14' 11.25"	Early Birdinal	Jan 12, 2019
33	Detlaff, Hannah	JR-3	Macalester	4.53m	14' 10.5"	Carleton Meet of the Hearts	Feb 9, 2019
33	Lewis, Jada	SO-2	Augsburg	4.53m	14' 10.5"	Bethel Gene Glader Classic	Feb 2, 2019
35	Thompson, Taylor	SO-2	Gustavus Adolphus	4.49m	14' 8.75"	MIAC Championships	Feb 21, 2019
35	Stilwell, Jenna	SR-4	Concordia-Moorhead	4.49m	14' 8.75"	MIAC Championships	Feb 21, 2019
37	Banks, Tyra	SO-2	Gustavus Adolphus	4.48m	14' 8.5"	Vanessa Seljeskog Classic	Jan 18, 2019
37	McCovery, Jasmyne	FR-1	St. Benedict	4.48m	14' 8.5"	Chelsey M. Henkenius Open	Jan 19, 2019
39	Mitch, Laura	FR-1	St. Benedict	4.47m	14' 8"	Chelsey M. Henkenius Open	Jan 19, 2019
39	Abraham, Muna	FR-1	Hamline	4.47m	14' 8"	Hamster Invitational	Feb 1, 2019

Triple Jump

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Lundquist, Elsie	SO-2	St. Catherine	11.21m	36' 9.5"	MIAC Championships	Feb 21, 2019
2	Woldt, Paige	SO-2	St. Olaf	10.99m	36' 0.75"	Carleton Triangular	Jan 18, 2019
3	Perrenoud, Grace	FR-1	Bethel (Minn.)	10.88m	35' 8.5"	MIAC Championships	Feb 21, 2019
4	Van Goethem, Abigail	JR-3	Hamline	10.87m	35' 8"	Mark Schuck Open and Multi	Jan 25, 2019
5	Giles, DeAnna	SO-2	Gustavus Adolphus	10.78m	35' 4.5"	MIAC Championships	Feb 21, 2019
6	Quandt, Taylor	SR-4	St. Thomas (Minn.)	10.70m	35' 1.25"	MIAC Championships	Feb 21, 2019

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
7	Schepper, Reilee	FR-1	St. Catherine	10.65m	34' 11.25"	MIAC Championships	Feb 21, 2019
8	Paul, Sally	SO-2	Bethel (Minn.)	10.60m	34' 9.5"	MIAC Championships	Feb 21, 2019
9	Zurbay, Megan	SO-2	St. Thomas (Minn.)	10.48m	34' 4.75"	St. Thomas Opener	Jan 11, 2019
10	Bruess, Sarah	SR-4	St. Thomas (Minn.)	10.43m	34' 2.75"	St. Thomas Showcase	Feb 8, 2019
11	Gelinske, Shelby	SR-4	Concordia-Moorhead	10.42m	34' 2.25"	MIAC Championships	Feb 21, 2019
12	Sifferle, Jordan	JR-3	St. Thomas (Minn.)	10.35m	33' 11.5"	Parent's Day Open	Feb 16, 2019
13	Pickthorn, Stephanie	FR-1	St. Benedict	10.28m	33' 8.75"	CSB-SJU Indoor Invite	Feb 9, 2019
14	Ethen, Corrie	JR-3	Concordia-Moorhead	10.20m	33' 5.75"	MIAC Championships	Feb 21, 2019
15	Kretlow, Steph	JR-3	St. Thomas (Minn.)	10.12m	33' 2.5"	Ted Nelson Classic	Feb 2, 2019
15	McDermott, Madeline	SO-2	Gustavus Adolphus	10.12m	33' 2.5"	St. Thomas Opener	Jan 11, 2019
17	Knighton-Johnson, Kayli	FR-1	Bethel (Minn.)	10.03m	32' 11"	Vanessa Seljeskog Classic	Jan 18, 2019
18	Nelson, Hannah	SO-2	Bethel (Minn.)	10.00m	32' 9.75"	2019 Darren Young Indoor Invitational	Feb 9, 2019
19	Dorn, Madison	FR-1	Bethel (Minn.)	9.91m	32' 6.25"	Parent's Day Open	Feb 16, 2019
20	Carter, Kierra	FR-1	St. Olaf	9.65m	31' 8"	MIAC Championships	Feb 21, 2019
21	Zamacona, Aoife	FR-1	Hamline	9.64m	31' 7.5"	MIAC Championships	Feb 21, 2019
22	Clarke, Mellissa	JR-3	Hamline	9.60m	31' 6"	Hamster Invitational	Feb 1, 2019
23	Engen, Tierza	JR-3	Concordia-Moorhead	9.35m	30' 8.25"	CSB-SJU Indoor Invite	Feb 9, 2019
24	Leverentz, Bryana	FR-1	St. Catherine	9.18m	30' 1.5"	St. Thomas Opener	Jan 11, 2019
25	Stonebraker, Kiara	FR-1	St. Thomas (Minn.)	9.02m	29' 7.25"	Parent's Day Open	Feb 16, 2019
26	LaRue, Kayla	FR-1	St. Olaf	8.74m	28' 8.25"	Chuck Petersen Open & Multi	Dec 8, 2018

Shot Put

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Gehrke, Megan	FR-1	St. Thomas (Minn.)	13.98m	45' 10.5"	Chuck Petersen Open & Multi	Dec 8, 2018
2	Hovland, Cayle	SO-2	Concordia-Moorhead	13.26m	43' 6"	Bison Open	Feb 1, 2019
3	Schlosser, Jacey	SO-2	Concordia-Moorhead	12.73m	41' 9.25"	MIAC Championships	Feb 21, 2019
4	Juenemann, Jessie	JR-3	Hamline	12.60m	41' 4.25"	Carleton Triangular	Jan 18, 2019
5	Keiser, Savanna	JR-3	Hamline	12.44m	40' 9.75"	Carleton Meet of the Hearts	Feb 9, 2019
6	Kangas, Allyson	SO-2	Concordia-Moorhead	12.34m	40' 6"	North Dakota Indoor Open	Jan 25, 2019
7	Wilson, Lena	SO-2	St. Thomas (Minn.)	12.31m	40' 4.75"	St. Thomas Showcase	Feb 8, 2019
8	Olson-Sola, Annalee	FR-1	Gustavus Adolphus	12.14m	39' 10"	St. Thomas Opener	Jan 11, 2019
9	Rajewsky, Kelsey	SR-4	Concordia-Moorhead	12.11m	39' 8.75"	North Dakota Indoor Tune-Up	Feb 16, 2019
10	Anderson, Haley	SR-4	St. Benedict	11.88m	38' 11.75"	MIAC Championships	Feb 21, 2019
11	McCollum, Jaiden	FR-1	St. Benedict	11.82m	38' 9.5"	Hamster Invitational	Feb 1, 2019
12	Borstad, Berit	SO-2	St. Thomas (Minn.)	11.68m	38' 4"	MIAC Championships	Feb 21, 2019

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
13	Bannister, Kenna	SO-2	Augsburg	11.33m	37' 2.25"	MIAC Championships	Feb 21, 2019
14	Isaacson, Lauren	FR-1	St. Catherine	11.31m	37' 1.25"	St. Thomas Opener	Jan 11, 2019
15	Jagler, Alex	FR-1	St. Thomas (Minn.)	11.26m	36' 11.5"	Parent's Day Open	Feb 16, 2019
16	Baker, Claire	SR-4	St. Benedict	11.13m	36' 6.25"	MIAC Championships	Feb 21, 2019
17	Klabough, Isabella	SO-2	Gustavus Adolphus	11.07m	36' 4"	MIAC Championships	Feb 21, 2019
18	Gigstad, Sarah	JR-3	St. Benedict	11.03m	36' 2.25"	CSB-SJU Indoor Invite	Feb 9, 2019
19	Kolstad, Alexandra	FR-1	Hamline	10.99m	36' 0.75"	MIAC Championships	Feb 21, 2019
20	Grimes, Megan	SR-4	St. Olaf	10.81m	35' 5.75"	St. Olaf Women's Invitational	Feb 15, 2019
21	Grove, Anna	SO-2	Carleton	10.70m	35' 1.25"	Carleton Triangular	Jan 18, 2019
22	White, Emily	SO-2	Concordia-Moorhead	10.62m	34' 10.25"	North Dakota Indoor Tune-Up	Feb 16, 2019
23	Degen, Jenna	SR-4	St. Benedict	10.52m	34' 6.25"	Bison Open	Feb 1, 2019
24	Wilkerson, Breanna	FR-1	Gustavus Adolphus	10.46m	34' 4"	St. Olaf Quad	Jan 25, 2019
25	Stilwell, Jenna	SR-4	Concordia-Moorhead	10.45m	34' 3.5"	MIAC Championships	Feb 21, 2019
26	Klaustermeier, Emma	FR-1	Bethel (Minn.)	10.39m	34' 1.25"	2019 Darren Young Indoor Invitational	Feb 9, 2019
27	Schoustra, Mackenzie	JR-3	St. Olaf	10.33m	33' 10.75"	NCAA Division III Indoor Track & Field Championships	Mar 8, 2019
28	Bach, Dana	FR-1	Gustavus Adolphus	10.29m	33' 9.25"	Maverick Invite	Feb 15, 2019
29	Beckmann, Maggie	FR-1	St. Benedict	10.10m	33' 1.75"	St. Olaf Women's Invitational	Feb 15, 2019
30	Lundquist, Elsie	SO-2	St. Catherine	10.06m	33' 0.25"	St. Olaf Women's Invitational	Feb 15, 2019
31	Diederichs, Kristen	JR-3	St. Olaf	10.02m	32' 10.5"	Chuck Petersen Open & Multi	Dec 8, 2018
32	Manikowski, Lara	FR-1	St. Benedict	9.97m	32' 8.5"	CSB-SJU Alumni	Jan 26, 2019
33	Zurbay, Megan	SO-2	St. Thomas (Minn.)	9.80m	32' 2"	St. Thomas Showcase	Feb 8, 2019
34	Sifferle, Jordan	JR-3	St. Thomas (Minn.)	9.78m	32' 1"	St. Thomas Opener	Jan 11, 2019
35	Bohlig, Emily	JR-3	St. Olaf	9.63m	31' 7.25"	MIAC Championships	Feb 21, 2019
36	Fornshell, Carly	JR-3	Concordia-Moorhead	9.57m	31' 4.75"	CSB-SJU Indoor Invite	Feb 9, 2019
37	Williams, Syri	SO-2	Bethel (Minn.)	9.55m	31' 4"	MIAC Championships	Feb 21, 2019
38	Jobe, Katie	JR-3	Concordia-Moorhead	9.46m	31' 0.5"	MIAC Championships	Feb 21, 2019
39	Johnson, Kennedy	FR-1	St. Catherine	9.37m	30' 9"	St. Thomas Showcase	Feb 8, 2019
40	Johnson, Julie	SR-4	St. Olaf	9.30m	30' 6.25"	St. Olaf Quad	Jan 25, 2019

Weight Throw

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
1	Willis, Nyjah	SO-2	Hamline	16.31m	53' 6.25"	Parent's Day Open	Feb 16, 2019
2	Keelin, Katie	JR-3	Gustavus Adolphus	15.83m	51' 11.25"	Maverick Invite	Feb 15, 2019
3	Gehrke, Megan	FR-1	St. Thomas (Minn.)	15.03m	49' 3.75"	MIAC Championships	Feb 21, 2019
4	Van Den Heuvel, Bailey	SR-4	Gustavus Adolphus	14.64m	48' 0.5"	CSB-SJU Indoor Invite	Feb 9, 2019

	Athlete	Year	Team	Mark	Conv	Meet	Meet Date
5	Borstad, Berit	SO-2	St. Thomas (Minn.)	14.60m	47' 11"	St. Thomas Opener	Jan 11, 2019
6	Baker, Claire	SR-4	St. Benedict	14.21m	46' 7.5"	Chelsey M. Henkenius Open	Jan 19, 2019
7	Rajewsky, Kelsey	SR-4	Concordia-Moorhead	14.11m	46' 3.5"	MIAC Championships	Feb 21, 2019
8	Fiedler, Makenzie	JR-3	Hamline	13.76m	45' 1.75"	St. Thomas Opener	Jan 11, 2019
9	Bannister, Kenna	SO-2	Augsburg	13.74m	45' 1"	Carleton Meet of the Hearts	Feb 9, 2019
10	Hoenigschmidt, Kaylea	SR-4	St. Catherine	13.52m	44' 4.25"	Vanessa Seljeskog Classic	Jan 18, 2019
11	Wagner, Lauren	SO-2	Bethel (Minn.)	13.25m	43' 5.75"	MIAC Championships	Feb 21, 2019
12	Kolstad, Alexandra	FR-1	Hamline	13.21m	43' 4.25"	MIAC Championships	Feb 21, 2019
13	Kangas, Allyson	SO-2	Concordia-Moorhead	13.20m	43' 3.75"	North Dakota Indoor Open	Jan 25, 2019
14	Klaustermeier, Emma	FR-1	Bethel (Minn.)	13.16m	43' 2.25"	MIAC Championships	Feb 21, 2019
15	Hovland, Cayle	SO-2	Concordia-Moorhead	13.12m	43' 0.5"	North Dakota Indoor Open	Jan 25, 2019
16	Jagler, Alex	FR-1	St. Thomas (Minn.)	13.07m	42' 10.75"	St. Thomas Showcase	Feb 8, 2019
17	Anderson, Haley	SR-4	St. Benedict	12.91m	42' 4.25"	CSB-SJU Alumni	Jan 26, 2019
18	Gigstad, Sarah	JR-3	St. Benedict	12.76m	41' 10.5"	MIAC Championships	Feb 21, 2019
19	Schlosser, Jacey	SO-2	Concordia-Moorhead	12.48m	40' 11.5"	North Dakota Indoor Open	Jan 25, 2019
20	Walter, Eli	JR-3	St. Benedict	12.23m	40' 1.5"	MIAC Championships	Feb 21, 2019
21	Beckmann, Maggie	FR-1	St. Benedict	11.70m	38' 4.75"	MIAC Championships	Feb 21, 2019
22	Palme, Sofia	JR-3	Concordia-Moorhead	11.67m	38' 3.5"	North Dakota Indoor Tune-Up	Feb 16, 2019
23	White, Emily	SO-2	Concordia-Moorhead	11.58m	38' 0"	CSB-SJU Indoor Invite	Feb 9, 2019
24	Thomas, Allison	SO-2	St. Catherine	11.53m	37' 10"	St. Thomas Showcase	Feb 8, 2019
25	Deyak, Remington	SR-4	St. Benedict	11.52m	37' 9.5"	CSB-SJU Alumni	Jan 26, 2019
26	Fiecke, Madison	FR-1	Hamline	11.23m	36' 10.25"	Parent's Day Open	Feb 16, 2019
27	Melting, Nora	JR-3	Hamline	11.19m	36' 8.5"	Carleton Meet of the Hearts	Feb 9, 2019
28	Manikowski, Lara	FR-1	St. Benedict	10.52m	34' 6.25"	Hamster Invitational	Feb 1, 2019
29	Carr, Brooke	FR-1	Bethel (Minn.)	10.14m	33' 3.25"	St. Olaf Quad	Jan 25, 2019
30	Elkhair, Shadin	FR-1	Augsburg	9.89m	32' 5.5"	Parent's Day Open	Feb 16, 2019
31	Tarvestad, Sarah	FR-1	St. Olaf	8.93m	29' 3.75"	St. Olaf Quad	Jan 25, 2019
32	Moehring, Erika	FR-1	St. Benedict	8.77m	28' 9.25"	Hamster Invitational	Feb 1, 2019
33	Rodney, Jenneel	FR-1	Hamline	8.71m	28' 7"	Carleton Triangular	Jan 18, 2019
34	Degen, Hanna	SO-2	St. Benedict	7.80m	25' 7.25"	CSB-SJU Alumni	Jan 26, 2019

Pentathlon

	Athlete	Year	Team	Points	Meet	Meet Date
1	Schoustra, Mackenzie	JR-3	St. Olaf	3425	MIAC Championships	Feb 21, 2019
2	Degen, Jenna	SR-4	St. Benedict	3326	MIAC Championships	Feb 21, 2019

	Athlete	Year	Team	Points	Meet	Meet Date
3	Piergies, Tonya	SR-4	Carleton	2975	MIAC Championships	Feb 21, 2019
4	Bohlig, Emily	JR-3	St. Olaf	2882	MIAC Championships	Feb 21, 2019
5	Sifferle, Jordan	JR-3	St. Thomas (Minn.)	2845	MIAC Championships	Feb 21, 2019
6	Fornshell, Carly	JR-3	Concordia-Moorhead	2817	MIAC Championships	Feb 21, 2019
7	Williams, Syri	SO-2	Bethel (Minn.)	2807	MIAC Championships	Feb 21, 2019
8	Grimes, Megan	SR-4	St. Olaf	2795	MIAC Championships	Feb 21, 2019
9	Jobe, Katie	JR-3	Concordia-Moorhead	2717	MIAC Championships	Feb 21, 2019
10	Stilwell, Jenna	SR-4	Concordia-Moorhead	2700	MIAC Championships	Feb 21, 2019
11	Terhaar, Mariah	JR-3	St. Thomas (Minn.)	2614	MIAC Championships	Feb 21, 2019
12	Pickthorn, Stephanie	FR-1	St. Benedict	2567	MIAC Championships	Feb 21, 2019
13	Farrell, Eve	FR-1	Carleton	2378	MIAC Championships	Feb 21, 2019
14	Grove, Anna	SO-2	Carleton	2363	MIAC Championships	Feb 21, 2019
15	Studer, Rachel	SO-2	Gustavus Adolphus	2342	MIAC Championships	Feb 21, 2019
16	Abraham, Muna	FR-1	Hamline	2218	MIAC Championships	Feb 21, 2019
17	Thompson, Taylor	SO-2	Gustavus Adolphus	2213	MIAC Championships	Feb 21, 2019